

Complete *5km* your way, each day

NOVEMBER

Every donation is a step towards enhancing the lives of **more than 446,500 Australians impacted by dementia**. Your support fuels hope, research, and community, making a real difference.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 	2	3	4	5	6	7 
8	9	10	11 	12	13	14
15	16	17 	18	19	20	21
22	23	24	25	26	27 	28
29	30 					